

AHE's Educational Support Training Program ~ Cycle 14

www.healingeducation.org

AHE announces our next training !

Are you wanting to deepen your understanding of today's children to meet their developmental movement needs ?

Have you wondered about the connection between attention skills, self-regulation and classroom behaviors, and wish you had more specific tools to support children?

Join the Association for a Healing Education's next training for either one year, or all three years - to learn how to support children's physical, emotional and cognitive development. Our new cycle begins this October 10-13, 2024 in Lexington, MA.

Year 1 can be taken as a stand alone year

We welcome class teachers, early childhood and support staff, educational support teachers and subject teachers. The content focuses on Waldorf education classroom activities and management practices to address the developmental needs of children in regular classrooms, including early childhood.

We are also excited to bring back internationally renowned trainer Stephanie Johnson, a Waldorf parent and author of ***Baby Bare: A Bottoms Up Approach to Growing Strong Brains and Bodies***. She'll teach in spring, summer and fall of 2025.

Participants from our previous sessions with her have said:

"Stephanie Johnson was amazing. Loved our time with her; she is a great presenter and her information is applicable."

"It was great to do this work; it brought me strong foundations."

OUR EDUCATIONAL SUPPORT TRAINING is a major resource in Waldorf education and other educational and therapeutic settings. It is a three year part time training that has held 13 previous cycles since 1990. Some modules can be taken alone as professional development courses.

DATES:

YEAR 1: October 10-13, 2024 / April 24-27, 2025 and July 7-17, 2025

YEAR 2: October 9-12, 2025 / April 23-26, 2026 and July 6-17, 2026

YEAR 3: October 8-11, 2026 / April 22-25, 2027 and July 5-16, 2027

Learn about Developmental Movement from an expert:

We are excited to bring back internationally renowned trainer **Stephanie Johnson**, a Waldorf parent herself and author of ***Baby Bare: A Bottoms Up Approach to Growing Strong Brains and Bodies***.

Specific dates with Stephanie Johnson :

April 25/26, 2025 July 11/12, 2025, Oct. 11/12, 2025

The Baby Bare Level 1 training can be taken by itself, without needing to be in the AHE training cohort.

IN PERSON MODULES: Lexington, Massachusetts

Supplemental online sessions occur in some months during the school year.

Core faculty are Elyce Perico, M.A.Ed., and Connie Helms, M.Ed., both Co-Directors

WHO ARE THE COURSE PARTICIPANTS? Class teachers, teachers in early childhood programs or subject teachers in a Waldorf school; or teachers who work in other educational/child development settings. Some applicants aspire to become certified specialists in Educational Support in a Waldorf setting or in private practice, or they wish to enhance their knowledge in the classroom. Our work includes helping colleagues and parents to better serve the children of today.

REQUIREMENTS: We require that people have taken a Foundation Study course in Anthroposophy or are willing to embark on such a study either formally or with an approved mentor. See www.centerforanthroposophy.org for information about their course called *Explorations*. Many study centers in the Waldorf movement offer live or online studies. A formal training in Waldorf education is ideal to have but not required. A teaching or therapeutic background working with children is ideal.

ONLINE SESSIONS: These will occur in some months.

TUITION: \$2,500 per year, for each of three years.

Payments are made by check, Venmo, PayPal or credit card. A non-refundable application fee of \$60 payable to AHE is due with the application. Everyone must sign a tuition contract. Discounts are offered to schools sending 3 or more people.

Tuition payments are due October 1st and March 1st. If scholarship is awarded, we deduct the award amount from the March payment.

TUITION ASSISTANCE: Our program does not qualify for federal student aid.

We have limited scholarships of a few hundred dollars per year. There is no guaranteed amount per year, but one can apply each year. Past recipients have been satisfied with the amounts awarded. To apply for a scholarship, please send a brief email explaining individual needs (medical bills, child in college, etc.)

to Connie Helms: connie@healingeducation.org

HOUSING: local B and B's, hotels and limited local housing within the community.

MEALS: We provide morning snacks/tea/coffee, then tea/coffee mid-afternoon.

Places to purchase lunch are very close by. We do not have access to a kitchen for cooking or heating foods, but we can access a refrigerator.

CONTENT

Themes throughout the training include sharpening our observation skills, learning some causes of challenging behaviors, bringing games and activities to strengthen the developmental path, and pedagogy to help children overcome obstacles in order to reach their full potential. Alongside reviewing content in Waldorf Education from Dr. Rudolf Steiner and Dr. Karl König, we will experience the Extra Lesson, created by Waldorf teacher Audrey McAllen. In her work, based on her study of several key lectures from Rudolf Steiner, we find a deep exploration of why children struggle to be at home in their body, and how we can help them in classrooms, small groups and individual settings. These concepts are complemented by current neurological research on the developing child's body/brain connection.

ARTISTIC OFFERINGS with master teachers enhance teacher development:

Creative Speech, Eurythmy, Singing, Painting and Form Drawing

Year 1 focus: Child Development, Educational Support, Classroom Applications

This year is available as a stand alone option for classroom teachers. Guest faculty in year 1 include Gerry LoDolce and Stephanie Johnson.

Year 2 focus: The Extra Lesson, Learning Styles, Assessment and Observation.

Required this year is a visit to a practicing Educational Support teacher to observe professional work in the field. Check in calls with a mentor are part of year two.

Year 3 focus: Deepening Inner Development, Therapeutic Aspects of Curative Education, a case study and a practicum. An AHE mentor visits your school or setting for a two day observation of your work as you screen children for developmental milestones and bring activities to individuals and classes, including adolescents.

Artistic Offerings include Eurythmy with Polly Saltet, and Creative Speech with Debbie Spitulnik. Inner Development is enhanced by Curative Education lecturer, Becky Rutherford.

HOMEWORK: Assigned homework includes readings, practice of Extra Lesson and other exercises, child observation, activities for developing the inner life of the teacher, journaling, form drawing and brief write-ups of readings, observations and self reflection. Each year observation components are built up until **year 3**, when a write up is done of a full case study. *Samples are provided.*

Homework includes readings from Anthroposophy, Rudolf Steiner, the Extra Lesson and other books by Audrey McAllen, as well as mainstream books with topics relevant to the children of today. Webinars are also utilized. Regular attendance and completion of requirements results in certification from AHE as a trained Educational Support professional. Most sessions are recorded in videos for your personal use.

For weekend sessions, we end on a Sunday afternoon by 12:30 (by 5 pm on 10/12/25). In the July sessions, we end on the final day by 1 p.m.